



### Redmond Regional Awarded Joint Commission Certifications for Five Top Clinical Programs

**R**edmond Regional Medical Center holds the Gold Seal of Approval™ in five of its top clinical programs. Certifications awarded include:

- **Advanced Certification for Heart Failure Care**
- **Recertification for Total Hip Replacement Procedures**
- **Recertification for Total Knee Replacement Procedures**
- **Recertification in Heart Attack Care (AMI)**
- **Renewed Advanced Certification in Primary Stroke Care, maintaining Joint Commission Primary Stroke Center status**

These disease specific certifications were earned by demonstrating compliance with The Joint Commission's national standards for healthcare quality and safety in disease-specific care. The certification award recognizes Redmond's dedication to continuous compliance with The Joint Commission's state-of-the-art standards. To earn these distinctions Redmond underwent five rigorous on-site surveys in winter of 2010. A Joint Commission

expert surveyor evaluated Redmond for compliance with standards of care specific to the needs of patients and families including, treating patients to the most current and best standards, clinical competence and expertise of physicians and nursing staff, infection prevention and control, patient and family education for best health outcomes and medication management.

**This was the first year the heart failure program was surveyed and Redmond is the first in the state of Georgia to receive the Advanced Heart Failure**

**Certification.** The stroke, AMI, and total hip and knee programs earned certification in 2008 and will continue to undergo the same certification process every two years to maintain the award.

"In achieving Joint Commission certification, Redmond has demonstrated its commitment to the highest level of care for its patients with heart failure or a heart attack as well as stroke patients and those needing hip or knee replacements," says Jean Range, M.S., R.N., C.P.H.Q. executive director, Disease-Specific Care Certification, The Joint Commission. "Certification is a voluntary process and I commend Redmond for successfully undertaking this challenge for five of its programs to elevate its standard of care and instill confidence in the community it serves."

"With Joint Commission certification, we are making a significant investment in



*Pictured: John Quinlivan, CEO; Kay Rhodes, CNO; Deborah Branton, VP of Ethics, Compliance & Risk; Marsha Colwell, Cardiovascular Service Line Director; Toni Puckett, Heart Failure Accreditation Coordinator; Beth Tolbert, Othopedic Case Manager; Edma Diller, Director of Regulatory Affairs & Patient Safety Officer*

quality on a day-to-day basis from the top down. Joint Commission accreditation provides us a framework to take our organization to the next level and helps create a culture of excellence," says Redmond CEO, John Quinlivan. "Achieving Joint Commission accreditations illustrates the excellence of our physicians and Redmond team members. This is a major step toward maintaining excellence and continually improving the care we provide."

The Joint Commission's Disease-Specific Care Certification Program, launched in 2002, is designed to evaluate clinical programs across the continuum of care. Certification requirements address three core areas: compliance with consensus-based national standards; effective use of evidence-based clinical practice guidelines to manage and optimize care; and an organized approach to performance measurement and improvement activities.



# Wellness Works 2011

We are excited to roll out our 2011 Wellness Works seminars. The public is invited to attend these educational courses free of charge to learn how you can enhance your wellbeing through everyday choices. These physician led seminars will teach you how to make the best wellness-based decisions in order to enjoy a fuller, healthier life.

## **Nutrition and New Year**

*January 25, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

This seminar will teach how to enrich your diet with a special focus on foods that help prevent cancer, as well as nutrition in recovering from cancer.

## **Healthy Choices**

*March 8, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

This dynamic program teaches participants how to lead a healthy & long life with simple steps. Look at your day to day choices in a new light and hear how you can start to live well each day.

## **How to Ace your Physical**

*April 12, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

Learn straight from a family doctor how you can naturally manage your cholesterol, blood pressure and diabetes so you can walk away from you next physical with an A+!

## **Stroke Awareness & Prevention**

*May 24, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

Stroke is one of the leading causes of death across the world. Learn how to prevent stroke and what warning signs you need to be aware of.

## **Ouch my Head Hurts!**

*June 14, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

Headaches are common plights yet can cause large amounts of pain, loss of time and frustration. This seminar will look at what causes headaches and how to prevent and manage them.

## **Arthritis Prevention & Management**

*July 12, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

An estimated 50 million adults in the United States have some form of arthritis. Come learn what can be done to prevent and care for this disease.

## **Aging Gracefully**

*August 9, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

We can't help it- we all grow older. But, you can do it with grace. Come learn all you need to know about living a long & healthy life.

## **Planning Your Pantry: The Truth about Whole Grains and Organic Foods**

*September 13, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

The grocery store is where healthy eating starts. This seminar shows you what to look for at the grocery store as well as the truth about whole grains and organic foods.

## **Preventing Stress & Depression**

*November 8, 5:30 p.m.*

Redmond Regional Lower Level Classrooms

Stress can lead to serious conditions- not just your next ice cream run. Depression, anxiety and other stress related conditions can be relieved. Learn about how to identify these conditions and how to reduce the effects.

**To sign up for any of these free seminars or for more information, call Medline at 706-368-8480 or register online at [www.RedmondRegional.com](http://www.RedmondRegional.com)**



## Mission Statement Survey

We received 240 responses to our Mission Statement Survey! The Employee Advisory Group and Administration Team is reviewing responses and will come back with a refreshed mission statement in the next few months.

**Thanks to all who participated!**

## Welcome New Associates!



### Indisputable Fact #18

Redmond is fully accredited as a Chest Pain Center with PCI designation.

[www.factsdontlie.com](http://www.factsdontlie.com)

## Redmond Offers Special Rate Mammograms



In order to encourage all women to take proactive steps to care for themselves and preserve their health, the Women's Center at Redmond, a Stereotactic Biopsy and Digital Mammography Accredited Facility, will once again offer digital mammograms at a special rate for 2011. Digital mammograms will be offered at \$99- down from the regular rate of \$149.

"This special rate meets the need for affordable mammography screenings in our community which is an important factor in overall women's health," says Curt Layton, Redmond Radiology Director. "We are excited to offer this opportunity to the women of our community."

"We are also very excited about our very accommodating scheduling process," says Becky Young, Lead Mammography Technologist for the Women's Center. "If a woman needs a mammogram right away or on a specific day or time, we work out the best option available to accommodate these needs."

The chance of developing invasive breast cancer at some time in a woman's life is approximately 1 in 8. Breast cancer is the second most common type of cancer in women and the second leading cause of cancer death in women. There are currently about 2.5 million breast cancer survivors in the United States.

All mammograms at Redmond are performed on state of the art digital mammography equipment. The key to mammography screening is that it be done routinely--once is not enough. A separate physician fee applies for digital mammograms. To schedule your special rate mammogram call 706-802-3570.





## Births

- Jimmie Jones of the OR on the birth of her grandson, Marshall Robert Jones born October 24. Marshall weighed 8 lbs. and was 20 in long.
- Joy Hatcher on the birth of her grandson, Camden Owen Hatcher born January 2. Camden weighed 7lbs 13ozs and was 19 ½ inches long.
- Shirley Collier of the Surgery Center on the birth of her granddaughter, Shirae Aven Lee Smiddy born to Tana Mia & Scott Smiddy on December 9.

## Announcements

Congratulations to the following:

- John and Tanya Crowley on the adoption of their son, Wyatt Crowley.
- Dustin Jones, RN of PACU for completing his Master's of Science in Nursing from the University of Alabama at Birmingham.
- Ashley Wilbanks, RN on 4 East, for graduating from UAB with a Masters in Nurse Practitioner.
- Ann Murphy, RN on 4 East for graduating with a Masters in Nurse Practitioner.



## Condolences:

Sympathy is extended to the following:

- Jan Routledge of the OR on the loss of her mother.
- Caroline Smith of PACU on the loss of her father, Ernie Carvalho.
- Terri Hampton on the loss of her sister, Pam Kanavel.
- Suzanne Shaffer, Materials Management, on the loss of her brother.
- Milton Gaines, Redmond volunteer on the loss of his wife, Edna Gaines who volunteered with us many years.
- Kay Rhodes on the loss of her mother, Eva Libbey.
- Jim Grissett on the loss of his mother.

***Have you seen the December 2010 edition of Georgia Trend Magazine? Find it in the waiting rooms around the hospital and check it out for some exciting news about Redmond on page 33!***

## Buy, Sell, or Trade:

- For Sale: Engagement ring- round solitaire .78 carat, princess cut, white gold, with tiny diamonds on the band. \$1400 OBO. Wedding band with diamonds in the band can be sold separately. White wedding dress, short train, simple but elegant, size 12-14 fitted at the bottom. \$135. Call Suzanne at 706-844-3439 if interested.
- For Sale: Kenmore Dryer, blue sofa, upright piano, upright freezer, pier one glass top dining room table with 6 green iron chairs, bistro wicker table and 2 chairs. Leave message 706-676-5735.
- Wanted: Temporary housing during the week (Monday-Wednesday) for student working at Redmond. Call Setiya at 678-622-4887.
- For Sale: 2003 Pontiac Montana. Clean, \$3200 OBO. Call 706-266-5498.

## Anniversaries:

Happy 26<sup>th</sup> anniversary to Terri & Jim Aaron on January 19<sup>th</sup>.



## Kidz Corner

- Hope Cohran, daughter of Chad & Sally Cohran of Occupational Health was selected to be in this year's Nutcracker performance with the Atlanta Festival Ballet Company. Hope was cast in the "Dream Scene."
- Chyenne Abercrombie, daughter of Brad and Connie Barris, recently graduated on December 15<sup>th</sup>, from Kennesaw State University with a Business Finance Degree. She has secured a job at Leader Enterprise in Roswell, GA in Accounting.



## Save the Dates...

- Jan. 13 – Compassionate Friends
- Jan. 14 – AngioScreens Front Parking Lot
- Jan 17- Bosom Buddies
- Jan 27– Diabetes Support Group
- Feb 4- Wear Red Day
- Feb 26– Heart Walk! 9:30 a.m. Citizens First Bank

