



The Frist Humanitarian Awards

Libbie Sams and Rachel Miller were recently awarded Redmond Regional Medical Center's 2009 Frist Humanitarian Award as the Employee and Volunteer of the Year. This honor places Libbie and Rachel in nomination for the nationwide 2009 Frist Humanitarian Award, the highest honor an employee or volunteer can receive within HCA, the parent company of Redmond Regional Medical Center.

The Frist Humanitarian Awards were created to recognize one employee and one volunteer at each HCA-affiliated facility who demonstrate extraordinary concern for the welfare and happiness of patients and their community. The Frist Humanitarian Awards are given annually in recognition of the humanitarian spirit and philanthropic work of the late Dr. Thomas F. Frist, Sr., a founder of HCA. National recipients will be honored in the spring at a reception at the company's Nashville, Tenn., headquarters. Additionally, they each receive a bronze statue, a \$5,000 gift to the charity of their choice, and a \$5,000 cash gift.

Libbie Sams is an LPN in the Inpatient Rehabilitation unit. She is said to give 100% to her patients and her co-workers. She is known to work extra shifts and is always willing to assist her co-workers without being asked. She has been the recipient of Redmond's Best of the Best Award. She is loved by her patients and is often complimented for her excellent care, responsiveness and smile.

The following was submitted by a co-worker in Libbie's nomination letter:

You've heard the old adage, "If a man is hungry, teach him to fish." Well, Libbie saw someone who needed a ride and gave

them a car – not a loaner or a ride to the store, but the car. Libbie had talked about donating the car to the church once she found a replacement car, but began thinking of another option after seeing a woman walking all over town, carrying one child and holding another by the hand. When she saw them out again on a very cold day her mind was made up.

I happened to be with another co-worker at Libbie's house, by chance, when the woman walked over to pick the car up. Can you imagine going from not having transportation, to owning a car – and without payments? What a gift!

Rachel Miller serves Redmond three days a week in CPU and at the front desk and has been volunteering since March of 1999. She is a very kind and caring person who is ready and willing to be of assistance to patients and visitors – as well as staff – in any way that she can. Rachel regularly fills in for other volunteers when they are unable to come in and was recognized for serving 1016 hours at Redmond in 2009. During this same time period she was simultaneously volunteering at Southeastern Cardiovascular Institute.

Before retiring and becoming a volunteer, Rachel taught Business Education at Gordon Central High School. Rachel is very active in her church, and has held nearly every office there.



Pictured left to right: Rachel Miller, Volunteer Frist Winner; Brenda Waltz, CEO; Libbie Sam Employee Frist Winner

Rachel works at Blewer Food Center as a Gordon County Association Volunteer, is certified with the Red Cross, is a member of the Auxillary of the Gordon County Gideons and is a rescuer and protector of cats.

"HCA is committed to delivering quality patient care. We are extremely proud to recognize Libbie Sams and Rachel Miller for their efforts on behalf of our patients and our community," said Brenda Waltz, CEO. "Their exemplary work and compassion sets a high standard for healthcare professionals. We're proud to have them as part of our Redmond family. Undoubtedly, our patients benefit from the kind of commitment to humanitarian concerns Libbie and Rachel demonstrate each day."

"I am very proud to present these awards," said Jack O. Bovender, Jr., HCA Chairman and CEO. "Libbie Sams and Rachel Miller are an inspiration to all our employees and volunteers. Their generosity and dedication serve as a living example of HCA's commitment to the care and improvement of human life."

Heart of the Community Walk

The 2nd Annual Heart of the Community Walk proved to be a success once again on February 27th in downtown Rome. Over 200 people turned out for the event despite the cool temperatures and celebrated heart health and awareness. Redmond was the premier sponsor once again and the crowd was filled with Redmond associates in support of the event. This year's walk raised over \$17,000!!!



A big thank you goes out to the Redmond team for the excellent fundraising efforts that took place. The proceeds will go to support the *What Women Want* series as well as to purchase heart medications for the Free Clinic of Rome.



What Women Want



*Dr. James Young, Harbin Clinic
Cardiothoracic Surgeon*

Redmond held its first *What Women Want* seminar titled *The Truth About Women and Heart Disease* on February 18th in Downtown Rome at Magretta Hall. Dr. James Young, a Harbin Clinic Cardiothoracic Surgeon, spoke about the importance of car-

ing for your heart, tips for doing so and the science behind it. Approximately 40 women were in attendance and enjoyed drinks and hors d'oeuvres during the talk.

Three more seminars will be held this year:

Tuesday, May 4th

The Truth About Oral Contraceptives, Hormone Replacement Therapy and Your Heart

Thursday, July 29th

The Truth About Women and Leg Pain and Circulation Problems from Arterial Disease

Tuesday, October 19th

The Truth About Pregnancy and Your Heart

Call Medline at 800-242-5662 for more information or to sign up for our next event!



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You can also, visit www.RedmondRegional.com and click on news and events!

Living Well with Heart Failure



Tuesday, March 16th
11:30am - 1:00pm

Lower Level Classrooms at Redmond

You are invited to attend our Living Well with Heart Failure Seminar to learn more about life after cardiac failure. From nutrition advice to treatment options, this interactive seminar will cover it all!

Lunch will be provided free of charge however reservations are required as space is limited.

Redmond
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For more information or to register free of charge, call us at **800-242-5662** by March 12th or visit RedmondRegional.com and click on News and Events!

REDMONDREGIONAL.COM

Save the Dates...



- Mar. 4-5 Book Fair CR A
- Mar. 8- Cancer Support 6 p.m. CR A
- Mar. 11 - Compassionate Friends 7 p.m. CR B
- Mar. 12 - AngioScreens- Mobile Unit at Hospital
- Mar. 15- Bosom Buddies 6 p.m. CR B
- Mar. 16- Living Well with Heart Failure Seminar LL CR
- Mar. 18- Employee Forum 10 a.m.—noon
- Mar. 25- Diabetes Support Group CR

Candolences:

Sympathy is extended to:



- Van Wright on the loss of his father.
- Sharon Long on the loss of her mother.
- Beverly Morgan of CCU on the loss of her father.
- Torona Stokes on the loss of her mother.
- Sophia Price on the loss of her husband, Kenneth Price.
- Michael Moody on the death of his father.
- Jim Ruth on the loss of his father-in-law.
- April Van Es of Occupational Health on the death of her father-in-law, Jack Van Es.
- Andrea Covington of Occupational Health on the death of her mother, Judy Garner.

Accomplishments

- Best wishes to Janice Knight and Barbara Garner on their retirements. We love you and will miss you! Thank you for your years of service.



Births:

Congratulations to Shelia Young on the birth of her grandson, Mark Clayton

Young. Clay was born February 1, 2010 and was 6lb 2oz and 18 1/2 inches long.

Weddings

- Tiffany Schmitt, Chief Clinical Dietitian, and to Brian Gokey, on their recent marriage.



Buy, Sell, or Trade:

- **For Rent:** 3BR, 2BA House in Calhoun. 1600 sq. ft. home with a large carport and an in-ground pool. Call Peggy at 706-602-0851 or 706-264-6473.
- **For Sale:** Panasonic 27 in. TV with VCR, DVD player built in. Please call 706-802-3574 or 256-557-6719.
- **For Sale:** Mens size 11 Harley Davidson ring. Price new 439.00 asking 200.00 or make offer; Ladies black chaps with fringe, vest and leather jacket to match, size large. 1 pair of ladies black leather high top Harley Davidson riding boots only worn 2 or 3 times, size 8 1/2 or 9. Call Faye at 706-506-7977.
- **For Sale:** 2002 Toyota 4 Runner, 2WD, sports model with sun roof and towing package. Black with light grey leather seats. 133,000 miles. Asking \$8,000. Great condition! Call Lynn at 706-346-4860.

Kidz Corner

- Congratulations to Desmond Brown, son of Linda Hoskins of the Operating Room, who committed to attend Clemson University.



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Lisa Brown, Editor