



The Center of Attention

January 2009

The Frist Humanitarian Awards

The Frist Humanitarian Award was created in 1971 to honor outstanding individuals for their humanitarian and volunteer activities. Named in honor of Dr. Thomas F. Frist, Sr. (1910 – 1998), a founder of HCA, this award recognizes individuals who serve the community and those in need and whose daily dedication and care giving epitomize the highest standards of quality and personal commitment.

There are two categories to nominate a candidate for, the employee and volunteer award. The employee award recognizes an HCA-affiliated employee who goes beyond day-to-day responsibilities in his/her overall service to the community. The volunteer award recognizes an HCA volunteer who gives unselfishly to patients within our facilities and the community.

The process starts with you, the associate. Take a moment to look around and consider who you might know that would make a good candidate for this award. Redmond will select two local recipients from the nominations: one employee and one volunteer. The two local recipients' entries are then submitted to HCA's home office for consideration for the national award. The national awards ceremony is

held annually in late April at HCA's corporate campus. All recipients and finalists are formally recognized during this presentation, which is broadcast on the Internet.



Who's Eligible

- All employees who work 32 hours or more weekly are eligible for the employee nomination
- Any person volunteering eight hours or more each month is eligible for the volunteer nomination

Nominee Qualities

- Demonstrates a level of commitment to community service beyond the daily operation of the facility that parallels their involvement to quality patient care
- Demonstrates remarkable concern for the welfare and happiness of patients and has performed extraordinary acts of kindness
- One whose contributions may be overshadowed due to personal modesty and genuine humility

- One who makes this world a better place and inspires others to get involved by caring for the community and others in need

Keep In Mind

The Frist Humanitarian Awards are much more than "Employee and Volunteer of the Year" awards. They are intended to recognize individuals who serve their community and neighbors in need in addition to remarkably performing their work duties.

Nomination Deadline: February 6. Nomination forms can be picked up from and turned in to Human Resources. Contact Freda Gipson, Benefits Coordinator, with questions at 706-802-3019.

Redmond Receives Chest Pain Center Accreditation



The Redmond team celebrates the Chest Pain Center Accreditation

Redmond Regional Medical Center recently received full Cycle II accreditation with PCI from the Accreditation Review Committee.

"Redmond's Emergency Room staff is proud to be recognized for its expertise in providing outstanding cardiac care to our patients," says Dr. Jay Johnson, a Redmond Emergency Medicine physician.

"Chest Pain Center accreditation symbolizes a Center of Excellence for chest pain care. It signifies that pathways and procedures are in place to ensure rapid and accurate treatment for chest pain patients. Redmond is one of only four hospitals in the state of Georgia to hold this distinguished award," says Frank Stegall, M.D., a Harbin Clinic Cardiologist who regularly performs cardiac procedures at Redmond.

With the rise of Chest Pain Centers came the need to establish standards designed to improve the consistency and quality of care provided to patients. The Society's accreditation process ensures centers meet or exceed quality-of-care measures in acute cardiac medicine.

Redmond's average time for "door to balloon," meaning the time the patient arrives at the emergency department to the time that blood flow in the heart is restored, is below 70 minutes where many hospitals struggle to meet the 90-minute goal. This is one of the factors that contributed to Redmond achieving this accreditation.

Redmond's Chest Pain Center has demonstrated its expertise and commitment to quality patient care by meeting and exceeding a wide set of stringent criteria and completing on-site evaluations by a review team from the Society of Chest Pain Centers. Congratulations to the Redmond team for making this accreditation a reality.

Redmond Provides Holiday Cheer for 87 Families



The Redmond family has demonstrated their giving spirit once again through numerous projects all aimed at helping others less fortunate enjoy the holiday season.

Through the direction of Redmond Chaplain Billy Murdock, Redmond adopted 87 families in need. The majority of these families have a member employed or associated in another way with Redmond and have all been faced with hardships and little possibility of providing Christmas for their family.

"Christmas Families" as the project is commonly referred to, are a way for Redmond to "take care of their own" and bless each other during the holiday season. Departments adopt families and through their own money and/or fundraising efforts, provide each member of the family with clothes, toys and other wishes to enjoy during the season. Every department within the hospital is involved with a project in one way or another by adopting one on their own, assisting with another's or participating in fundraising efforts.

In addition to the Christmas Family Projects, Redmond hosted a Toys for Tots drive filling several boxes with employee and community donations, collected canned goods for the Garden Lakes Food Pantry and participated in Northwest Georgia Regional's annual gift drive.

Chaplain Murdock says he is overwhelmed by the generosity of Redmond employees year after year. "We have the most giving group of people I have ever seen," he said. "This hospital is just amazing and I am blown away every year by what they do."

Brenda Waltz, Redmond CEO says, "The leadership of Chaplain Billy makes a difference in the lives of so many in our hospital and community. He truly pours his life into others and the impact is greater than we can imagine."

Lisa Dempsey Receives State Wide Hospital Hero Award



Lisa Dempsey accepts award from Chuck Orrick, GHA Chairman and Joseph Parker, GHA President

Oncology Services Charge Nurse, Lisa Dempsey, was awarded the prestigious Georgia Hospital Heroes Award at the Georgia Hospital Association's (GHA) annual Hospital Heroes Award luncheon on Dec. 2 in Atlanta. Dempsey, who was one of only 10 individuals statewide to receive the award, was recognized for her work as the director of Camp Bluebird, an adult camp for cancer survivors.

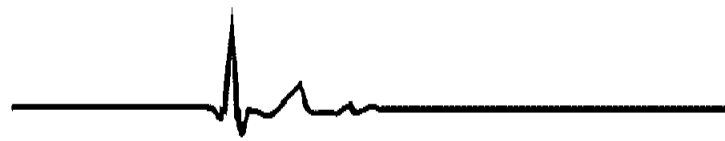
"Lisa Dempsey's enthusiasm and commitment to Redmond Regional and its patients are outstanding," said Joe Parker, president of GHA. "Her dedication to cancer survivors through Camp Bluebird has given people hope in the face of tremendous adversity."

Spotlight on Hospitalist Dr. Igor Legostaev



Dr. Legostaev obtained his medical degree from the Russian State Medical University. He completed his internship at the Municipal Emergency Hospital and Tambov Regional Health Department in Russia. His residency was at Unity Health System and Park Ridge Hospital in New York which he completed in 2006.

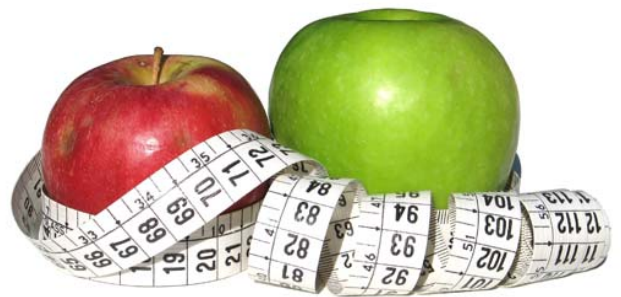
Dr. Legostaev has practiced as a hospitalist in Russia and was an instructor in Medical Science at the Kriger Research Center in Canada. Since 2006, he has been a practicing hospitalist in Rome. Dr. Legostaev joined our team in February 2008. Please welcome Dr. Legostaev when you see him in the halls!



Redmond Reducers

Redmond is preparing to roll out *Redmond Reducers*, a program designed for Redmond associates to lose weight through a 12-week internal competition. Participants may enter as a team or as an individual. *Redmond Reducers* will provide meal ideas, exercise classes, a walking track around Redmond's campus, prizes and more!

Stay tuned for more details about the program through newsletters and emails. Sign-up begins in February!



AngioScreens

Redmond is excited to announce AngioScreens for employees only for \$40, a 50% discount! AngioScreen is our revolutionary Stroke and Heart Screening. To schedule an appointment, call Central Scheduling at 706-802-3000.

Congratulations!

2008 Press Ganey Patient Satisfaction Top Performers

1. CCU- 8 High Scores
2. Rehab- 7 High Scores
3. CPU and OBS- 5 High Scores each

Keep up the wonderful work!

Candolences:



Sympathy is extended to:

- Yvonne Johnston on the loss of her mother, Lillian Phillips.
- Tiffani Patania on the loss of her grandfather.
- Nancy Gribble on the loss of her father, Richard White.
- April VanEs on the loss of her brother, Mike Garrison.

Births:

Congratulations to the following:



- Nick Griffin and his wife Carrie on the birth of their son born on November 20.
- Ted and LaRae Pennel on the arrival of their daughter.



Accomplishments

Congratulations to the following:

- Rebecca Alexander, RN, on being named the City of Rome's Wellness Coach! The city is excited to have Rebecca on their team and to lead this new initiative.
- Congratulate to Francisca Thai of Accounting on becoming a U.S. citizen on December 4th.

Buy, Sell, or Trade:

- **Wanted to Buy:** Good used car seats. Call 706-766-4468.
- **For Sale:** Entertainment center, approximately 3 yrs old will hold up to a 30 in TV. Dark wood and no scratches. Approximately 7 feet tall with shelves and storage. Asking \$75.00 OBO. Call Sherry 706-252-1584.
- **For Rent:** 2 BR 1 BA House with laundry room, garage and block storage building. Fenced in back yard, dining room, gas logs, newly remolded and painted. \$550.00 month. Call Sherry at 706-252-1584.
- **For Sale:** 4 Rolls of 660' Black Flex Rail Fence system with hardware \$3K OBO; 6 year old Registered Tennessee Walking Horse Gelding (Sorrell with Blaze) Asking \$950. Call 770-655-8669.
- **Wanted to Buy:** Top prices for gold and silver coins- silver dollars, old large currency bills, etc. Interested in most anything with numismatic value. Call Willie at 706-232-7082.

Save the Dates...



January 8- Compassionate Friends 7 p.m. CR B
January 9- AngioScreens Rehab LL 8 a.m. - 3 p.m.
January 12- Cancer Support Group 6 p.m. CR
January 19- Bosom Buddies 6 p.m. CR B
January 19- Martin Luther King Holiday

HAPPY NEW YEAR!

