



Redmond EMS Named Service of the Year

Redmond Emergency Medical Services was named the 2009 Region 1 EMS Service of the Year at the Georgia Region 1 EMS Council Annual Awards Celebration. Redmond EMS was also recognized for being nominated for the Stanley Payne Memorial Director of the Year Award and the A. Richard Gray, M.D., Excellence in Trauma Award. Redmond EMS associates Tony Reynolds, John Penny and Scott Johnson were presented with medallions for 20 years of service.

This is the second time Redmond EMS has received the Service of the Year award as they previously held the honor in 2004. Redmond EMS was chosen from five other nominees within Region 1 which includes Floyd County, Bartow County, Cherokee County, Polk County and several other surrounding counties.

Factors taken into consideration for the award include:

- Progress and Changes in the Service
- Benefit to the Community
- Employee Satisfaction
- Response Times
- Ingenuity
- Coverage



Additionally, Redmond EMS had no violations of EMS rules and passed inspections with flying colors.

“Receiving this award is so exciting because it truly honors the staff for all they do.” says Redmond EMS Director Robert Early. “Without the staff, there would be no award as the criteria for earning it is built around them. I am very proud to be their director, to work with them and to be around them.”

Redmond EMS is now in the running for the statewide Service of the Year Award which will be announced late spring.

Redmond EMS was established in 1989 and has continued to grow to serve the community. Currently the service includes four 24-hour ambulances, one 12-hour ambulance, one non-emergency transport van and three back-up ambulances.



RX for Patient Safety is Partnership

As part of National Patient Safety Awareness Week, Redmond Regional Medical Center is joining hospitals and health systems nationwide this week to encourage collaboration between patients, families and their healthcare providers to create a powerful team for improved patient safety.

“True partnering and good communication are key to delivering safe and high quality care,” said Debbie Smith, Redmond Patient Safety Officer. According to Smith, there are a number of actions patients and their family members can take to become involved in their care and to protect themselves.

Smith recommends:

- Obtain a copy of all healthcare records and keep them in a safe place.
- Write down and carry with you the names and numbers of your healthcare providers and pharmacies and be prepared to share all of this information with your doctor.
- Communication is so important to receiving quality healthcare. If you are not comfortable talking with your healthcare provider and asking questions, identify an advocate—family member or friend—who can accompany you to your appointment and ask questions on your behalf.
- Talk with your family or other close individuals about what your preferences are for your healthcare, in case you are not able to speak for yourself.

Some of the most important actions individuals can take to protect themselves are related to medication usage. More than 50 percent of the 3 billion prescriptions filled annually in the United States are taken improperly, according to the American Pharmacists Association. Such improper use of medications can produce dangerous adverse drug interactions and other uncomfortable side effects according to Smith.

Smith says the most important step to proper medication usage is to educate yourself about the specific drugs you and your family are taking and the conditions they are intended to treat. She offers these guidelines for using medications safely and effectively:

- Provide your physician and pharmacist with an up-to-date list of all the medications (prescription, over-the-counter, herbal and dietary supplements) you take. Include medications you are allergic to with an explanation of what happens when you take the medicine. Take this list with you to doctor’s visits and to the hospital. Ask your physician or pharmacist to update the list anytime your medications change.
- Always read and follow the instructions on the label. Never take any more or less than the label indicates and don’t give adult doses to children or guess at the dose you should give them.
- Ask your physician to write on the prescription why you are taking the medication.
- Do not use medications prescribed for someone else or share your medications with others.
- Do not keep old medications to self-medicate when you think you have the same problems. Always take all of the antibiotics as prescribed and don’t save some for the next time you are sick.
- Go through your medicine cabinet at least twice a year and throw away all expired medications in a place that children and pets cannot reach.

In recognition of National Patient Safety Week, Redmond is offering a free medication record form to help you keep track of your medications and share that information with your healthcare provider. To receive your free copy, call TriStar MedLine at 800-242-5662.

Way to Go!

We have been doing some excellent fundraising here at Redmond. Below are the totals from some of our most recent fundraising efforts:

- The Heart of the Community Walk fundraising total is over \$22,000! This is an exceptional total for our first annual walk!
- We also raised \$1600 for Joe Gleason and Michelle Penson’s MDA Lock-up to help children with MDA attend summer camp.
- Together with other HCA facilities we raised \$1.8 million for the Hope Fund Campaign to help our colleagues in need.

These are outstanding numbers. Thank you Redmond for your big hearts!

Relay for Life



Mark for calendar for Relay for Life coming up on May 15th at Ridgeferry Park. We will be having blue jean days, selling t-shirts and having other fundraisers throughout the hospital in preparation for the event.

We will have our first annual...

Relay for Life Kick-Off Celebration! Wednesday, April 8th, 10 a.m. Parking Lot in Front of Hospital

The event will be 50's themed and associates are invited to dress-up in style! We will have a costume contest at the kick-off judged by cancer survivors from Camp Bluebird.

We will have our own mini-car show and hotdogs, hamburgers and ice cream for sale. Redmond's Relay shirts with Redmond Cancer Survivors listed on the back will also be for sale.

Associates will be able to join teams, sign-up and register for Relay at the kick-off as well. We will also set up tables inside the hospital on various days throughout the month of April to give associates unable to attend the kick-off the opportunity to sign-up for Relay, purchase t-shirts and join teams.

If you are interested in signing up for the costume contest as an individual or as a group, please call Lisa Brown at 706-802-3732 or by email at Elizabeth.Brown1@HCAHealthcare.com

Save the Dates...

- March 30- Doctor's Day
- April 2- Lean Birthday Celebration 2-4 p.m. CR A
- April 3- Lean Birthday Celebration 8-10 p.m. CR A
- April 8- Relay for Life Kick-Off 10 a.m.
- April 9- Compassionate Friends 7 p.m. CR B
- April 13- Cancer Support 6 p.m. CR A
- April 20- Bosom Buddies 6 p.m. CR B



Hospitalist Program Anniversary



Jean Miller, Hospitalist Program Director, and Kristen Bowman, Physician Sales Liaison celebrate the two-year anniversary.

Redmond celebrated the two year anniversary of the Redmond Hospitalist Program on March 17th, complete with refreshments, warm welcomes and associates from around the hospital.

When you see a member of the hospitalist team around the hospital, take a minute to congratulate them on the past two successful years!

Kidz Corner



Congratulations to the Following:

- Jenna Bennett, daughter of Lee and Sherrie Bennett of Outpatient Rehab, represented Floyd County in the 2009 Miss Georgia Teen Pageant held in Gwinnett, County on February 21st and 22nd. Jenna is a junior at Armuchee High School.
- Meila Reese Treadaway, daughter of Matthew and Kristy Treadaway of Outpatient Rehab, won the title of 2009 Miss Sweetheart Queen at the annual Valentine Pageant which was held Saturday, February 14th in Chattooga County. Meila is 4 months old and she is also the niece of Diane Myrick of Trion Outpatient Rehab.
- Jenna Locklear, daughter of Gina Locklear in Outpatient Services, made the Junior Varsity Cheerleading squad at Centre Middle School for the 2010 school year.
- Katherine Mobbs, 4th grader at Euharlee Elementary School, placed 1st and 3rd in "Disease Detectives" and "Which Way is North" events at the Bartow County Science Olympiad. She will be competing on the state level in May at Kennesaw State University. Katherine is the daughter of Stacey Mobbs of 5th floor.
- Taylor Martin and Bekah Sapp, daughters of Tammy Martin and Chrisi Sapp of Radiology, played with the lady devils of Model High School. They had a perfect season, 27-0. Model was 7AA Region Champions for the fourth year in a row. Model placed second in the state. Taylor Martin is a senior and Bekah Sapp is a freshman.

WELCOME!



The Redmond family would like to welcome the following associates to the Northwest Georgia Central Scheduling Department: Jane Sheriff,

Fredda Flowers, Diane Walker and Monica Wilson.

Buy, Sell, or Trade:

- **Wanted to Buy:** Top prices for gold and silver coins- silver dollars, old large currency bills, etc. Interested in most anything with numismatic value. Call Willie at 706-232-7082.
- **For Sale:** New 3" Littmann light weight 11 S.E. stethoscope. Asking \$65 dollars. Call Gloria at 256-295-4328.
- **For Sale:** Fishing boat-2002 Fast Tracker 175 Procrappie, 25hp Mercury, power tilt and trim, extras, like new. \$4,700; Corner TV cabinet-black wood with crown molding at top \$200; Antique chandelier, brass with prisms \$90; Antique piano-Steinway and Son, excellent condition \$3,200. Call Lynn at 706-346-4860.
- **For Sale:** Prom Dresses, various styles and sizes. All under \$100. Call 706-936-0766.

Condolences:



Sympathy is extended to:

- Marta Bachelor of 2nd floor & Observation on the loss of her mother, Pearlie Bachelor.
- Ashley Purser on the loss of her grandfather.
- Lynn Korson on the loss of her sister.

Accomplishments

- Congratulations to Val Leonard, RN, on being named Nurse Manager for 3rd floor.
- Patty Jenkins Durden on her recent graduation from Excelsior College with an Associates Degree in Nursing.

Anniversaries



Happy 28th Wedding Anniversary to Ellen Benning.

The Redmond News is published monthly by the Marketing Department.

Lisa Brown, Editor