



*Patient/Family Education about...*

## Multi-Drug Resistant Organisms (MDRO's)

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### **What is MDRO?**

You have a bacteria that is resistant to certain antibiotics. Your physician will choose the appropriate antibiotic if needed to treat this organism.

### **Who is likely to get an MDRO's?**

Healthy people can be exposed to the bacteria and would not be expected to get sick from it. People who have chronic lung disease, chronic wounds, open wounds, those with devices such as foleys or IV's, surgery patients, or those on antibiotics are at risk for MDRO infections.

### **How is it spread?**

To get this bacteria, a person must be exposed through contact with the bacteria. Exposure can occur in the community or other settings. It is spread through person to person contact. It is not spread through the air. Hospitals take special steps to prevent the spread of MDRO's from patient to patient. One of these steps is to place the patient with an MDRO on contact precautions. You will receive an information sheet on contact precautions from your nurse.

### **What should I do to help prevent it from spreading?**

Wash your hands as often as possible and follow the treatment prescribed by your healthcare provider. Also ask your visitors and family to wash their hands.

### **Can this bacteria spread to my family?**

If your family members are healthy, they are at low risk of an MDRO making them sick. Hand hygiene is the best way to prevent the spread of germs.

On future admissions, please inform your healthcare provider that you have a history of a MDRO.