



Patient/Family Education about...
Droplet Precautions

What does this mean?

Your health care provider has determined that you may have an illness that is passed from person to person through the air. This germ is spread by droplets in the air usually by coughing, or sneezing. Illnesses that require droplet precautions may include influenza or meningitis.

What should you expect?

You will be placed in a special private room. The door should remain closed at all times. Everyone entering your room will wear a mask.

Do my visitors need to wear the special mask?

Your visitors should wear the mask too. The visitor should check with the nurses for directions on how to wear the mask. Since the mask may become uncomfortable after long periods, your visitor may only want to visit for short periods. Another good way to communicate with your visitors while you are on precautions is by the telephone.

What can I do to help prevent the spread of my illness?

You may only leave your room for necessary medical care. When you are going to another area of the hospital, you will be required to wear a mask. Please use tissues to cover your mouth when you cough. Place these tissues in your trash container in your room.

What about after I go home?

You should discuss this with your physician.